

Emotional Repatterning

*One of the Most Powerful and Transformational
Workshops That You May Ever Take*

*Chapel Hill, N.C.
January 10 & 11, 2010
\$300*

ER is a breakthrough method and unique blend of Western psychology, kinesiology and Chinese medicine that uses the body's meridian energy systems to identify and balance emotional issues that can take years to unravel through traditional, talk-based therapy.

Emotional Repatterning (ER) uses a combination of movement exercises, specific affirmations, acupressure point tapping and NLP that can instantly eliminate chronic emotional issues such as fears, phobias, addictive urges, or stuck emotions like anger and grief. The process involves goal setting and muscle testing the body's reactive response pattern through the meridian system. It uses a double blind approach guiding the process to uncover hidden sabotage programs, which may not be apparent to either the practitioner or the client.

Emotional Repatterning is unique in comparison to other energy psychology based systems, such as Thought Field Therapy or EFT, where the practitioner's observations guide the process. This process allows the body wisdom to reveal the underlying core issues and emotions that may be keeping the person stuck in a dysfunctional pattern, which may manifest as different health problems on the physical, mental, emotional or spiritual levels.

ER is gentle, loving, and helps bring insight to long-standing issues. The balancing procedure is simple and effective in releasing stuck attitudes and emotions. The workshop will explore a process to identify the priority goal or underlying core issues which is often the key in freeing the person to become their real self and develop their true potential.

The course was designed by Arlene Green, who has used these techniques over the past 19 years. To read about students' and clients' transformational experiences using these skills, see the testimonial section on:

www.USKinesiology.com

Pre-requisite is TFH 3 or equivalent kinesiology training

To preregister register online www.USKinesiology.com and send a \$100 non refundable deposit to Arlene Green, 7121 New Light Tr., Chapel Hill, N.C. 27516
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