

Specific Neuromuscular Energy Reset Technique
Chapel Hill, NC
Sunday, August 8
(9am – 6:00 pm)
\$135 (8 CEs NCBTMB)

This one technique will change your practice forever

Would you like to be able to correct or significantly improve most chronic muscle problems that have been a result of injury in just one session?

Imagine being able to dramatically reduce or even eliminate acute muscular pain caused by overuse or injury in just minutes?



Arlene Green, LMBT, #854 NC, is one of the leading instructors in the field of Touch for Health Kinesiology. Arlene is a senior faculty member of the International Kinesiology College and Director of the U.S. Kinesiology Training Institute in Chapel Hill, N.C. She has been teaching TFH since 1981. She brings to her classes a wealth of knowledge, and an enthusiastic and clear teaching style. She is the author of The Top Ten Pain Releasers book and DVD, and developer of the Specific Neuromuscular Reset Technique.

The Specific Neuromuscular Energy Reset has been taught to thousands of people around the world over the past 25 years.

This technique has a wide range of applicability and proven effectiveness even with longstanding issues.

You will learn how to:

Use Quality Muscle Testing to identify muscle fiber imbalances.

Quickly and easily reset muscle fibers that have been overstretched or injured.

Reset the electrical current surrounding the muscle trauma that perpetuates the imbalance and pain.

You'll learn how to identify and clear the underlying emotion associated with the muscle issue, often, a key component to lasting healing.

Work with TMJ, hand, feet, knee, neck/shoulder and back issues.

Bring your own muscle issues and experience the remarkable results yourself!

You don't need to be a therapist to take this class.

Everyone can benefit from knowing this technique.

Especially useful for parents, athletes, manual therapists, doctors, and the accident prone.

**Please Pre-register online: www.USKinesiology.com
or call (919) 933-9299**