

# Specific Neuromuscular Reset Technique

Chapel Hill, NC

Saturday, January 9 (9am – 6:00 pm)

\$135 (8 CEs NCBTMB)

This one technique will change your practice forever

This technique has proven highly effective in cases of muscle overuse or injury- for both chronic and acute issues



**90% of all muscle injury issues will respond with marked improvement and Over 50% of chronic cases will have permanent correction in just one session**

The Specific Neuromuscular Reset Technique is introduced in the *Top Ten Pain Relasers* workshop and has been taught to thousands of people around the world over the past 25 years. You will learn how to quickly and easily reset muscle fibers that have been overstretched or injured. This workshop was created because of the Reset's range of applicability and effectiveness even with longstanding issues. Participants will get in depth practice, learn various fine tunings and additional energy skills that can enhance its effectiveness. You'll learn how to identify and clear the underlying emotion being held in the muscle, often a key component to lasting healing. We'll work with TMJ, hand, feet, knee, neck/shoulder and back issues.

Bring your own muscle issues and experience the remarkable results yourself!

Testimonials from past students that used this skill in class or with a client:

*"After a year of foot pain my podiatrist recommended surgery. During one of the TFH classes on pain control (Top Ten Pain Relasers) the specific neuromuscular reset technique was used on my foot. After 20 minutes of using this technique my foot quit hurting. I've not had any problem with my foot since then and happily do not need surgery." --BW, Raleigh*

*"I used Arlene's "Specific Neuromuscular Reset Technique" on another student in class in an attempt to alleviate intense pain and lack of mobility in her right shoulder, neck and upper arm. Though this was the first time I'd ever applied this technique, it worked like a charm, and it made me feel really good to see her be able to move her arm and shoulder almost unrestrictedly, with only a little pain at their farthest reaches! Its quite amazing how such simple techniques can achieve such great results." -- JA, Raleigh*

*"I love the neuromuscular reset technique! Right after learning it in your Pain Relasers class, I was talking to a friend who has had a knee problem for a while, following a rafting incident. (She works on the river). She had complained that walking up hills was very uncomfortable for her, and had been considering knee surgery. I did the neuromuscular reset technique with her, and for a few weeks, she was free from the strong discomfort she had been feeling. It made a very noticeable difference for her. I've also used it on my husband when he's had muscle related injuries, and find it to be very effective. Thanks for the wonderful tool!" --CJW, Asheville, N.C.*

*"After surgery for breast cancer I was unable to lift my arm more than 30". Arlene's technique freed my arm restriction in about 15 minutes so that I had full range of movement. Something my doctor said would take me another 6 months with physical therapy. The pain relief and improved mobility were permanent. Amazing." --NH, Florida*

Preregister online at [www.USKinesiology.com](http://www.USKinesiology.com) and send a \$50. non-refundable deposit to: Arlene Green, 7121 New Light Trail, Chapel Hill, NC. 27516 or call (919) 933-9299