



# *Touch for Health*

## *Kinesiology*

### Chapel Hill, NC

**June 12 – 20 (Larry Green)**

**August 21 - 29**

**November 13 – 21**

**\$1000**

(includes 2 manuals, certificate, 50 CE hours for MsTs.)



*Arlene Green is one of the top trainers in the field of Touch for Health Kinesiology in the U.S. She has been teaching TFH since 1981 and is known for her fun, informative and inspirational teaching style. She is a faculty member of the International Kinesiology College and Director of the U.S. Kinesiology Training Institute in Chapel Hill, N.C. A frequent presenter at International Energy Psychology Conferences, Arlene is also the author of The Top Ten Pain Releasers.*

### **Touch for Health training for Levels 1 – 4**

#### **Personal benefits from taking this class include:**

- Learn energy self help skills to reduce stress and pain.
- Get in depth training in the skillful art of muscle testing
- Learn a priority system of balancing muscles/meridians to enhance the body's immune system function.
- Experience personal transformation with goal specific balancing to address healing on all levels: physical, mental, emotional, nutritional and spiritual.
- Learn how to balance the emotions.
- Rapid results by knowing how to assess, integrate and prioritize dozens of energetic techniques to balance yourself and others in this healing retreat.

#### **Some of the skills and techniques you will learn include:**

The skillful art and subtleties of muscle testing, releasing tight muscles and strengthening weak ones, meridian massage, auricular massage, 42 muscle balance, natural pain relief techniques, the Chinese Five Elements Theory and Balance, acupressure holding points, gait testing, postural stress release, balancing with color, sound and emotions, Tibetan Figure Eight energy, emotional stress release, reactive muscle correction for longstanding muscular problems, food testing, and goal specific balancing for individualized issues. Learn practical and effective healing skills that will last you a lifetime. A great investment in your health!

**To Preregister: Register online and** send a \$250 non-refundable deposit to:  
The U.S. Kinesiology Training Institute, 7121 New Light Trail, Chapel Hill, N.C. 27516  
(919) 933-9299 include your name, address, phone, email and course that you are registering for.

**For more details visit our website: [www.USKinesiology.com](http://www.USKinesiology.com)**

The U.S. Kinesiology Training Institute is approved as a continuing education approved provider through the National Certification Board for Therapeutic Massage & Bodyworkers (NCBTMB).  
Arlene is also a Florida Massage provider # 50-2057