

# Touch for Health Kinesiology 1

Dec. 8 & 9

Chapel Hill, NC

\$250

(includes book, certificate and 15 CEs)



*Arlene Green and Matthew Thie are two of the top trainers in the field of Touch for Health Kinesiology in the U.S. Matthew grew up with TFH and co authored the latest edition of the Touch for Health book with his father, Dr. John Thie, the founder of TFH. Mat is currently the President of the TFH Association of the U.S.*

*Arlene has been teaching TFH since 1981 and is known for her fun, informative and inspirational teaching style. She is a faculty member of the International Kinesiology College and Director of the U.S. Kinesiology Training Institute in Chapel Hill, N.C. She is the author of The Top Ten Pain Releasers.*

**Touch for Health 1** is a foundational course in holistic health and energy medicine for both lay people and health professionals. In *Touch for Health* you will learn a systematic and individualized approach to enhancing the body's self-healing ability. This experiential training will show how to re-balance the acupuncture meridian system without needles for enhanced health and well-being.

### **You will learn:**

**\*How to balance the body's acupuncture system through touch using the following:**

**Precision Muscle Testing  
Neurolymphatic reflexes  
Neurovascular Holding Points  
Meridian Tracing  
Origin- Insertion  
Nutrition Testing**

**\*Also learn how to do surrogate testing for people, children and animals who cannot be muscle tested directly  
And much more!**

**Take the time to invest in your most precious commodity – your health and well- being.  
Come explore this non-invasive, highly effective modality of energy healing ....  
derived from principles of the acupuncture system that have been around for 5,000 years  
because they work!**

**To register or for more information visit:**

**[www.USKinesiology.com](http://www.USKinesiology.com)**

**or call (919) 933-9299 or email: [greentfh@mindspring.com](mailto:greentfh@mindspring.com)**